

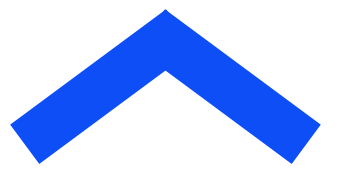


Fitness. Family. Community.

What you Need To Know About Returning To The



COMPETITION & ORIGINAL POOLS



- Prior to coming to the WCC, you will need to reserve a time slot for Lap Swimming, Adult Exercise Swim, Open Rec Swim, and for your Aqua Aerobics classes (e.g., Water Workout) on Supersaas (<https://www.supersaas.com/schedule/WCC>) or by calling the Member Services Desk (508.234.8184). You can reserve up to 48 hours in advance.
 - For Lap Swim, the cap is 3-6 customers, depending upon how many lanes are available. Only one person per lane is allowed.
 - For Adult Exercise Swim, Aqua Aerobics classes, Whitin Waves, and Swim Lessons the cap is 10 customers to maintain social distancing.
 - For Open Rec Swim, the cap is 35 customers to maintain 40% capacity per Commonwealth of Massachusetts guidelines.
 - Before you arrive for your program, you must use the daily prescreening tool (<https://qrco.de/WHITINCC>). Then when arrive at the WCC please visit our screening table in the vestibule at the main entrance to verify you've been cleared to enter. Everyone must also complete a COVID-19 waiver prior to entry for your first visit only.
- If you are coming for one of our paid programs (e.g., Swim Lessons), you will need to register for the class online at www.WhitinCommunityCenter.com.
- Please remember to bring your own water bottle as our water fountains will not be available. The water bottle filling stations will be available.
- Please remember to bring a towel from home. Towels will not be available when we reopen.
- When you arrive at the WCC, please put on your mask as you exit your car and maintain 6 ft social distancing at all times.
- Next, visit our screening table in the vestibule at the main entrance. You will then receive a **blue** wristband to indicate you are going to one of the **Pools**.
 - You will not need to be screened again that day. However, you will be required to scan in and out for each visit that day.
- There is hand sanitizer for your use at the Screening desk.
- After screening, please swipe your membership card, wash your hands at the handwashing station, and make sure you have your mask on. **Masks are required at all times in the WCC, except during strenuous activities.**
- If you are early for your class or program, please wait in your car or outside until 5 minutes before the start to avoid congregating.
- When you enter the lobby, wash your hands and follow the **blue** arrows to the entrance to the **gymnasium** off of the main lobby. You may NOT access the pool area through the Child Care wing.
- In the gymnasium, stay to the right, walking next to the bleachers (please do not touch the bleachers), following the **blue** arrows to the back door.
 - If going to the **Competition pool**, please turn right when walking through the doors and continue following the **blue** arrows until reaching the **Competition Pool**. When on the pool deck, please continue to follow the arrows to maintain one-way traffic flow.
- Enter pool in the shallow end only.
- Each lane has own basket for your belongings.
- When you are done with the basket, place it in the Dirty bucket on your way out.
 - If going to the **Original pool** for Adult Exercise Swim, Aqua Aerobics classes, Whitin Waves, Babies Swim Lessons or Tots Swim Lessons, turn slightly left when walking through the gym doors and continue following the **blue** arrows until reaching the **Original Pool** door straight ahead.
 - If going to the **Original pool** for Level 1 – 6 Swim Lessons or Private Swim Lessons, please turn right when walking through the doors and wait for instructor to collect your child by the balcony stairs.
- To watch your child during these programs, please follow the stairs to the balcony on the right and follow signs until you reach next unused section (beginning with section 1). Only one family per section. Please keep your masks on if another family is in the section next to you.
- To pick your child up at the end of swim lessons, please head down the balcony stairs on the left hand side (opposite those you came up) one section at a time (beginning with section 1) and pick up your child at the bottom of the stairs from the instructor.
- Maintain 6ft of social distancing at all times
- You may remove your mask for workout – bring bag to put mask in.
- Bring your own equipment (including kickboard) to use during your open rec time – do not share equipment
- If you are using equipment provided by the WCC, you must wipe down the equipment before and after use with the cleaner and paper towels provided.
- When you leave the **Pools**, please put your mask back on and use hand sanitizer provided.
- Please note that the men's and women's locker rooms, including the saunas, are closed for now.
- If you need to use a shower or change or use the restroom, you may use the 3 single Family Locker Rooms across from the aerobics room or the 3 Family Changing Area (follow the white and yellow arrows and Family Locker Room or Family Changing Area signs from main lobby to get there) the bathroom and shower on the Competition Pool deck or the bathrooms on the main level.
- If you use the Family Locker Rooms, Family Changing Area or bathrooms, please remember to put your mask back on when leaving. (You may follow **Pool** signs back if you are returning to your workout).
- When you are ready to leave, you will follow the white arrows and Exit signs to leave. From the **Gymnasium**, you need to go out the Member Lounge door. You cannot go back out the door you came in (except in the case of an emergency) as we must have one-way traffic.
- Please remember to swipe your membership card at the Member Services Desk on the way out and wash your hands.

For more information about the health and safety guidelines and regulations for our sector to which we are adhering, please refer to [Mass.Gov/Reopening](https://www.mass.gov/reopening).