

# Winter 2024-25 Adult Lap Swim/Adult Exercise Swim/Open Rec Schedule for *Original Pool* & *Competition Pool*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adult Exercise Swim <i>Original</i> 6:30-8:30am (Whole Pool)	Adult Lap Swim <i>Competition</i> 5:30-9:30am (6 Lanes)	Adult Lap Swim <i>Competition</i> 5:30-9:30am (6 Lanes)	Adult Lap Swim <i>Competition</i> 5:30-6:30am (5 Lanes)	Adult Lap Swim <i>Competition</i> 5:30-2:30pm (6 Lanes)	Adult Exercise Swim <i>Original</i> 7:00-8:00am (Whole Pool)	Adult Lap Swim <i>Competition</i> 9:00-10:00am (6 Lanes)
Adult Lap Swim <i>Competition</i> 5:30-6:30am (5 Lanes)	Adult Exercise Swim <i>Original</i> 6:30-8:30am (Whole Pool)	Adult Exercise Swim <i>Original</i> 6:30-8:30am (Whole Pool)	Adult Lap Swim <i>Competition</i> 6:30-9:30am (6 Lanes)	Adult Exercise Swim <i>Original</i> 6:30-8:15am (Whole Pool)	Adult Lap Swim <i>Competition</i> 9:00-10:00am (6 Lanes)	Adult Exercise Swim <i>Original</i> 9:00-12:45pm (Whole Pool)
Adult Lap Swim <i>Competition</i> 6:30-12:15pm (6 Lanes)	Adult Lap Swim <i>Competition</i> 9:30-11:30am (3 Lanes)	Adult Lap Swim <i>Competition</i> 9:30-10:45am (3 Lanes)	Adult Exercise Swim <i>Original</i> 6:30-8:30am (Whole Pool)	Family Time Swim <i>Original</i> 10:30-11:45am (Whole Pool)	Adult Lap Swim <i>Competition</i> 10:00-12:00m (3 Lanes)	Adult Lap Swim <i>Competition</i> 10:00-4:00pm (4 Lanes)
Adult Exercise Swim <i>Original</i> 11:45-1:15pm (Whole Pool)	Adult Exercise Swim <i>Original</i> 10:45-12:15pm (Whole Pool)	Adult Lap Swim <i>Competition</i> 11:30-12:15pm (6 Lanes)	Adult Lap Swim <i>Competition</i> 9:30-11:30am (3 Lanes)	Adult Exercise Swim <i>Original</i> 11:45-1:15pm (Whole Pool)	Outreach/ Open Rec Swim <i>Competition</i> 10:00-12:00pm (3 Lanes)	Open Rec Swim <i>Competition</i> 10:00-4:00pm (2 Lanes)
Adult Lap Swim <i>Competition</i> 12:15-2:30pm (5 Lanes)	Adult Lap Swim <i>Competition</i> 11:30-12:15pm (6 Lanes)	Adult Exercise Swim <i>Original</i> 11:45-1:15pm (Whole Pool)	Adult Lap Swim <i>Competition</i> 10:30-2:30pm (6 Lanes)	Adult Exercise Swim/Open Rec <i>Original</i> 5:00-5:55pm (Whole Pool)		
Open Rec Swim <i>Competition</i> 12:15-2:30pm (1 Lane)	Adult Lap Swim <i>Competition</i> 12:15-2:30pm (5 Lanes)	Adult Lap Swim <i>Competition</i> 12:15-2:30pm (5 Lanes)	Adult Exercise Swim <i>Original</i> 10:50-12:15pm (Whole Pool)	Adult Lap Swim <i>Competition</i> 6:00-7:00pm (3 Lanes)		
Adult Lap Swim <i>Competition</i> 7:00-9:00pm (6 Lanes)	Open Rec Swim <i>Competition</i> 12:15-2:30pm (1 Lane)	Open Rec Swim <i>Competition</i> 12:15-2:30pm (1 Lane)	Adult Lap Swim <i>Competition</i> 6:00-7:00pm (3 Lanes)	Adult Lap Swim <i>Competition</i> 7:00-9:00pm (3 Lanes)		
			Adult Lap Swim <i>Competition</i> 7:00-9:00pm (4 Lanes)	Open Rec Swim <i>Competition</i> 7:00-9:00pm (3 Lanes)		
			Open Rec Swim <i>Competition</i> 7:00-9:00pm (2 Lanes)			

Prior to arriving at WCC, please reserve your spot in our classes/programs, register online through [Daxko.com](https://www.Daxko.com). Reservations can be made 48 hours in advance of the class and are reserved for Members only. Please use the link below to access Daxko.

<https://www.Daxko.com>

For more information please visit our website.

<https://www.WhitinCommunityCenter.com>

**Members or guests 14 and under must complete an orientation through all fitness equipment by appointment with our Fitness Room Staff prior to using the Fitness room. For appointments please register online through Daxko. For more information please email Athletics@OurGym.org.**



Fitness. Family. Community.